

Points to Remember

1. AGE

The age you turn this year is the age you compete in for all events.

2. EVENTS

There will be three categories of events:

- 50m / 100m
- Across the pool novelties
- Relays

NOTE. If you wish to be considered for selection at the Southside Zone or ACT Championships, you must swim in the 50m / 100m events.

3. POINTS

Every competitor receives one point for their house for each swimming or novelty event they participate in. Place points are allocated as follows:

1 st Place	4 points
2 nd Place	3 points
3 rd Place	2 points
All others	1 point
Relays	Double points

4. AGE CHAMPION

Age Champion will be calculated on the 50m & 100m events only in the 12, 13, 14, 15 & 16 or Open age divisions for boys and girls.

5. GET INVOLVED AND HAVE A GREAT DAY

Wallara	Noola	Mankina	Bataba
BLUE	YELLOW	GREEN	RED

Program of Events

EVENT	AGE
1. Swim ability test	All
2. (blue bands for competent, red for weak swim, no band no pool)	
3. 50m Freestyle	12, 13, 14, 15, 16+
4. 50m Breaststroke	12, 13, 14, 15, 16+
5. Dash for sugar rush	All
6. Balloon pop - novelty	All
7. 50m Butterfly	12, 13, 14, 15, 16+
8. 50m Backstroke	12, 13, 14, 15, 16+
9. 100m Freestyle	12, 13, 14, 15, 16+
10. Lunch (lane ropes taken out)	All
11. School line dance	All
12. Iron Person	All
13. House Relays	Year Groups
14. Teachers Vs Houses Relays	Open
15. Cross pool novelties	All
16. Free Swim	All

Free swim will be at staff's discretion.

Recording
Desk

Out of Bounds



Melrose High School

Swimming Carnival 2019

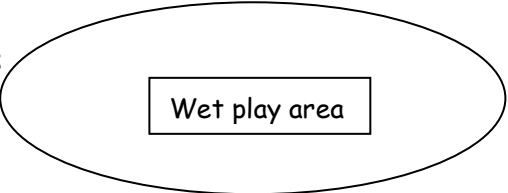
Tuesday February 26th



This is your carnival...

1. Get name marked off by roll teachers at school and get age group number written on hand in permanent marker before getting on the bus.
2. Listen carefully to the announcer for details of events.
3. **Swimming in the main pool is only permitted for students with blue wristbands.**
4. Free swimming will begin when PE staff says so.
5. Keep your house areas clean, it will save a lot of time at the end of the day.
6. You will be dismissed after roll mark and clean up.
7. Sunscreen will be available from the house leaders and captains. Remember slip, slap, slop and wrap.

Queanbeyan Pool Map:



Wallara A-E Blue	Noola F-K Yellow	Mankina L-Q Green	Bataba R-Z Red
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