



**ACT**  
Government  
Education

# Melrose High School Newsletter



*"A community of learners building on a tradition of excellence"*

Issue 4: 24 May 2019

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## TRANSPORT CANBERRA - UPDATE

The month's free travel period comes to an end on Sunday 26 May 2019. With paid services starting next week on Monday May 27, students are being reminded to top up their MyWay cards or purchase tickets to avoid fines of up to \$181 for travelling without a ticket.

During the month's free travel period, whilst drivers have encouraged all students to tap on and off, it has been brought to our attention that there are some students who are not. Tapping on and off is required by all customers travelling on light rail and buses, and also provides Transport Canberra with accurate data to plan and review services in the future.

### Where can I get a MyWay card?

A select number of newsagencies, post offices, and Access Canberra outlets. For the full list visit: <https://www.transport.act.gov.au/tickets-and-myway/get-myway/recharge-agents>

### I'm a student, how much does it cost?

A MyWay card is \$2.50, and then you'll need to top it up for travel.

Concession:

Tertiary: \$1.61, School student – school day: \$1.22, School student – non-school day: \$1.61, Weekday cap: \$4.80, Weekend/public holiday cap: \$2.17

### I want to catch a bus and light rail – will it cost me two tickets?

All MyWay fares include a free 90-minute transfer period so you can connect to a different bus or light rail service or commence your return journey using the same ticket within 90 minutes of purchase. Daily tickets are valid until midnight on the day of purchase.

### What if I forget to tap on/off?

If you don't tap on, you could be fined up to \$181. If you don't tap off after a trip, you'll be charged a default fare.

**My balance is low, how do I recharge?** You can instantly top up your card at a recharge agent, set up an autoloan direct debit online, or top up at a ticket vending machine at all light rail platforms and major bus stations.

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## I WANT TO BE HER...

On Friday, 31 May three select female students will be attending a STEM event at St Clare's College entitled "I want to be her when I grow up". Molly Anderson, Paige MacDonald and Juliett Wade will get to meet and chat with professionals in STEM and hear about the careers of inspiring women who study and work in STEM. Speakers will include women from ANU, DHS, PEGA Systems, CSIRO and KPMG. We are so excited to be able to offer an opportunity like this to these hard-working young ladies.

# MELROSE ADOLESCENT SCHOOL HEALTH NURSE

Melrose High School has a specialist Adolescent Health Nurse available Thursday and Friday to help support students in the areas of adolescent development and lifestyle factors; mental health; personal or family issues; drug and alcohol; and sexual health. The Adolescent Health Nurse is in room 204. There are several ways students can see the Adolescent Health Nurse:

1. Drop In- Students can come and see the Adolescent Health Nurse at her office during break times to have a chat or make an appointment.
2. Teacher referral – students can ask a trusted teacher to request the Adolescent Health Nurse to see them.
3. Email - Students, concerned parents/carers and teachers can email the Adolescent Health Nurse at [jess.mathie@ed.act.edu.au](mailto:jess.mathie@ed.act.edu.au)

Note: All sessions with the Adolescent Health Nurse are confidential unless there is a risk to your or someone else's safety. Please feel free to speak to the Adolescent Health Nurse if you have any questions.

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## MHS CROSS COUNTRY IN ACTION



# FOR YOUR INFORMATION

## Calendar Updates

The most recent version of the Melrose Calendar can be found on the Website

[http://www.melrosehs.act.edu.au/our\\_community/calendar](http://www.melrosehs.act.edu.au/our_community/calendar)

## Contact details

The school relies on having the most up to date contact details for families to ensure we are able to communicate efficiently with you regarding the wellbeing of your child. If you have made any changes to your address, phone numbers and email address in recent months please contact the Front Office on 6142 0700 or email [frontoffice@melrosehs.act.edu.au](mailto:frontoffice@melrosehs.act.edu.au)

## Sick Bay

If students are unwell they must go to Sick Bay, with a note from their teacher. The Front Office staff will contact parents/carers if needed. The students are NOT to contact parents themselves and then go home. If your child contacts you asking if they can go home sick, ask them to get a note from their teacher to go to Sick Bay and the Front Office staff will then contact you. Thank you in advance for your support.

## Student absences

If your student is absent, due to illness or leave, or needs to attend an appointment during the day, please either phone the Rolls Office on 61420703 and leave a message or email the Rolls Office at [rollsoffice@melrosehs.act.edu.au](mailto:rollsoffice@melrosehs.act.edu.au). Please remember to include the student's full name, roll group and reason for absence (ie. sick, late or on leave) as well as your contact details.

## Online Canteen ordering

Register now. Go to <http://www.flexischools.com.au>

Lunches can be ordered online up at 9:30 am on the day they are required.

## Lockers

Lockers are available to students at a cost of \$30 per year. Students wanting to hire a locker will need to provide a lock with a shaft between 6-8mm. A key or combination locks are acceptable. Students need to bring their lock, payment and the spare key or the combination to the Finance Office before a locker will be allocated. Students can come to the Finance Office before school or at recess or the first half of lunch time.

## FINANCE

In an attempt to ensure security around payment of monies to the school for camps, excursions, programs and voluntary contributions, we would like to encourage payments to be made via Quickweb, the secure online payment portal.

Below is an explanation of the payment options available.

1. Online payments are the preferred method of payment. Payments are made via the School Website to a secure Westpac Bank site, called "Quickweb" <http://www.melrosehs.act.edu.au/payment>
2. Instructions can be found on the Payments TAB simply complete the fields with as much detail as possible, including the Fee Code which will be advised on the notes requesting payments.
3. All payments can be made using Quickweb, using a debit or credit card. Westpac will provide you with a receipt which you can email to [melrose.finance@ed.act.edu.au](mailto:melrose.finance@ed.act.edu.au)
4. Payments can still be made in person at the Front Office with cash, cheque, EFTPOS, or a deposit direct into the Melrose High School Bank account BSB 032777, Account - 001658. If paying by direct deposit an email to the school financial section would be appreciated at [melrose.finance@ed.act.edu.au](mailto:melrose.finance@ed.act.edu.au)

For all payments, please ensure you include:

- Student Key ; Family Key ; Fee Code

For any enquiries regarding payments please contact the Finance Officer on 6142 0704.

# CULTURAL INTEGRITY UPDATE

## Family & Community Afternoon Tea

At the end of Term 1, we hosted our first Family & Community Afternoon Tea for 2019. Thank you to everyone who turned out for the event. We were able to connect more closely with the families and community in a relaxed environment where carers opinions and concerns can be voiced and heard. We will be continuing to have a Community Afternoon Tea every term so if you weren't able to make it to our last one, come along to the next one in Term 2. All Aboriginal and Torres Strait Islander families and community members welcome.

## Luke Currie-Richardson Returns to Connect with Students

This term, Melrose High School's Aboriginal and Torres Strait Islander Studies elective class had the pleasure to meet and yarn with Luke Currie-Richardson a Kuku Yalanji, Djabugay, Mununjali, Batchulla and Meriam man and a former Melrose High student. Luke is a contemporary dancer and his passion for dance began in 2002 whilst traditional dancing with Gerib Sik Torres Strait Islander Dance Group with his family in Canberra and his first introduction to contemporary dance came as a member of QL2. Luke studied dance at NAISDA Dance College and in 2010 commenced a Bachelor of Fine Arts (Dance) at Queensland University of Technology (QUT). In 2012 Luke appeared in Wesley Enoch's *I Am Eora* for Sydney Festival and later that year joined Bangarra Dance Theatre. From 2012 to 2018 Luke was a company dancer in Bangarra Dance Theatre showcasing Aboriginal and Torres Strait Island contemporary culture around the world. The students in the Aboriginal and Torres Strait Island Studies Elective had a great morning yarning, hearing Luke's story and playing some basketball. It is role models like Luke, which our young mob can look to for guidance and support for whatever they pursue in the future. Luke stressed the importance of culture and how it has taken him to every corner of the world. It was so beautiful to hear that his favourite place to perform was in front of his community, back on country, on Mer. The way the kids connected with Luke was a day to truly remember, and I know that they will also remember forever.



NATIONAL RECONCILIATION WEEK 2019 27 MAY - 3 JUNE

**GROUND**ED *in* **TRUTH**  
WALK TOGETHER WITH COURAGE

#NRW2019  
#GroundedinTruth

reconciliation.org.au

## ENROLMENTS FOR 2020

Enrolments for the 2020 school year opened on 29 April 2019. All ACT children are guaranteed a place in their local public school for Kindergarten to year 12. However, due to growth in recent years in enrolments in the public system, some schools no longer have the capacity to take "out of area" enrolments. These schools have been identified as "Category A" schools and a list appear on the Education Directorate website. <https://www.education.act.gov.au/public-school-life/enrolling-in-a-public-school>

You will not be able to seek enrolment for your child at one of these schools unless you live within the school's priority enrolment area (ie, the school's geographic zone). All schools will, however, consider cases where there are legal issues, or exceptional circumstances based on student wellbeing. To avoid disappointment, you are encouraged to check the information on the Education Directorate's website so you can make the best decision for your family from the options available.

# FROM THE ARTS/TECH FACULTY

## ACE Visual Art

The Reconciliation Week's theme for 2019 is *Grounded in Truth, Walk Together with Courage*. In response to this theme, students have been researching and developing their ideas towards developing a major artwork. Their task is to use the Solution Fluency to research one significant change that has occurred for Aboriginal and Torres Strait Islander people in the last 60 years and then express their findings through a Self-Directed Major Visual Art Work. Through their findings, students have been engaging in challenging conversations as they learn more about Aboriginal and Torres Strait Islander cultures and their distinctive collective rights. After initially researching, students have honed down to areas of interest for them.

Some of these include:

- The National Inquiry and Apology
  - How technology is used to share culture
  - Land Rights
  - Bringing them home report
  - Paul Keating's famous speech in Redfern, Sydney
  - Eddie Mabo and Native Title
  - The importance of the Tent Embassy
  - Students have chosen their own area to focus on
- Stay tuned! They've just started to paint!



## Band Camp & The Australian National Eisteddfod

The Melrose High School Concert band, along with the Year 7 Beginner Band class, spent 3 days at our annual music camp at Birrigai in week 2 of this term. Music camps have been running successfully each year at Melrose High since 1996, and this year was no exception with over 60 students attending for the intensive camp. One of the main focuses of the camp is for the Concert Band to prepare for their upcoming performance at the Australian National Eisteddfod. This performance is happening at Llewellyn Hall on Sunday 2nd June.



Both bands also worked on learning new repertoire, including one of our performance pieces for Entertainment Night later in the term. The students also took part in tutoring sessions with professional musicians from Canberra Music Tuition, as well as peer tutoring sessions.

A big thank you to all the students involved for their hard work, and to Miss Sedlacek and Ms Van Beveren for assisting Mr Sciberras in running this activity.



# BIG PICTURE NEWS

## Big Picture Pathways with Canberra College



The Big Picture team would like to say a big THANK YOU to the staff members from Canberra College, James Love and Graham Monga, and all families who came along to our Big Picture Pathways information evening last night. It was lovely to connect with you all and introduce you to part of our Canberra College Big Picture



community. We hope that it was as helpful for families as it was for staff to catch up and learn about the ways in which you can gain access to future careers, learning and university through the Big Picture Design. We would like to remind all families that enrolments for 2020 are open and need to be done in two parts for Big Picture at Canberra College. The ACT Education Directorate enrolments for college online and the paper application which needs to be submitted to Canberra College.

## Learning Through Internship (LTI) Mentor Expressions of Interest

Our Big Picture Students are required, as part of the design, to participate in the Community alongside a Mentor. This is called Learning Through Internship and the Mentor is an adult who is working, studying or has an interest in the area of the student's passion.

The Student's current passions are listed below :

- Medical Sciences/Nursing/ Pharmacology
- Carpentry/Cabinet making/ Formwork (concreting)
- Surf Board manufacturing
- Animal Welfare
- Interior Design
- Police Force
- Astronomy
- Geology
- Film/Video production/directing
- Auto Electrics
- Electrician
- Turtles
- Music 1960-2000
- Vet Science
- Fire fighting
- Skate boarding
- Sloths
- Figure Ice Skating
- Car/motorbike Rallies
- Album Cover Artists
- Super Computers
- Gun Representation in the Media
- Music Therapy
- Cosmology
- Photography
- Drift Cars

If you or anyone you know would be interested in becoming a Mentor, we would love to hear from you as this is a truly amazing way people can share their knowledge and expertise with our students.

Please contact us via email in the first instance.

[Alison.Inskeep@ed.act.edu.au](mailto:Alison.Inskeep@ed.act.edu.au)

[Alison.Carson@ed.act.edu.au](mailto:Alison.Carson@ed.act.edu.au)

[Helen.Bannister@ed.act.edu.au](mailto:Helen.Bannister@ed.act.edu.au)

Many thanks

The Big Picture Team.



<https://www.facebook.com/MelroseHSCanberra>

# LANGUAGES

## Overseas Excursion – July 2020

We are in the early stages of planning an overseas excursion opportunity for students of Indonesian, Textiles and Food Technology classes. We are currently gauging student interest levels and seeking feedback from parents and carers. There are two possible itineraries: one to Indonesia and the other to Malaysia & Singapore.

Students can collect a brochure outlining the two itineraries and estimated costs, from outside the Language staffroom (308) or please contact Ibu Battaglini for a digital copy.

rebecca.battaglini@ed.act.edu.au



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## MATHS, SCIENCE AND IT CHALLENGE

On Monday, 20 May, three teams across Year 9 and 10 competed in the annual Maths, Science and IT Challenge hosted by Gungahlin College. Throughout the course of the day teams competed in four challenges in the fields of Mathematics, Physics, Chemistry and Mechatronics/IT.

The Melrose High School teams were:

Hamish Anderson

Hamish Hunter

Rosette Wanis

Bara Aman

Will Bowbrick

Matthew Hindmarch

Aemonn Hassan

Lachlan Korodaj

Sterling Potter



All three teams did a great job on the day, competing against students from 15 Government and Non-Government Schools from ACT and NSW. Bara, Lachlan and Sterling took home the gold in the Mechatronics/IT component, winning Micro:bit kits each. We would like to thank Mr. Morris for facilitating this event and congratulate all nine students on an excellent day of friendly competition.



# ENGLISH

## Year 7 poetry

This term, Year 7 have been studying poetry. Here are a few awesome examples of limericks, haikus and other simple poems.

### Monster Poem

#### The Beast

*The monster was as big as a dragon  
as dark as the night  
it was fear  
it was death.  
It is ferocious as a lion  
cunning as a fox. It is huge  
It's deadly  
it's mouth were filled with fangs  
it's claws were sharp as blades  
it has the horns of a bull  
it's wings covered the sun  
the sound of his claws scratching  
the ground were enough to scare  
anyone.*

By Jamie Guthrie

#### Limericks

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#### Gemma and the Frog

Inspired by true events on Year 7 camp

*There was once a frog in a tent  
Gemma went in, she was bent  
When the frog jumped out  
She yelled "look about"  
"This frog has a terrible scent"*

By Julia Grocott

#### My friend Freya

*I once had a friend called Freya,  
She was a great netball player.  
She had a dog called Reggie,  
That didn't eat his veggies.  
So she got a new dog called  
Mayer.*

By Gemma Kopievsky

#### Limerick

*My dog's name is Buddy  
He annoys me when I study  
That's why I got a D  
Please mum don't kill me  
The scene would be quite bloody*

By Milly Giumelli

#### Haikus

##### Autumn

*Ending of summer  
Leaves fall apart from the trees  
Beauty awaits there*

By Aslesha Bhattarai

##### Summer In Australia

*Running on the sand  
The sun shines, burning the  
ground  
Summer has appeared*

By Ben Gilson

##### Winter

*The chilled wind blowing,  
Snow crunching under my feet,  
A desolate place.*

By Austin Lamberth

##### It eats the ground

*Crunchy leaves crackling  
Orange, red, brown and yellow  
Tornadoes of leaves*

By Patrick Williams

#### 5 Haikus

#### Spring

*I hope Spring comes back  
The blooming flowers I love  
It all comes back home*

#### Trees

*They sway in the wind  
They are silent and peaceful  
They watch as time moves*

#### Winter

*Blue and white, freezing  
Blankets and hot chocolate  
With my family*

#### Summer

*Watermelon drinks  
Swimming in the pool, with friends  
Shorts and thongs today.*

#### Insects

*Small, disgusting things  
Creepy crawlies in the dark  
Screams when they are shown*

By Grace Caruso

#### Summertime

*The heating summer*

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*A little light bee bounces  
on the sand castle*

By Jade Abbott

# FROM THE PE FACULTY

PE classes have completed the Cross-Country unit and we are now moving into Athletics track events. As part of our cross-country training students have been not only running parts of the course, but they were also doing short courses and competing in the Melrose Mile. A favourite with students was the team relay that we run at Pearce Oval where students compete as a mixed team running in short bursts around the oval. We have been so lucky with the amazing weather for all these events.

## Melrose Cross Country

The Melrose Cross Country Carnival was held on Wednesday 15 May under beautiful autumn conditions. The female race started at approximately 1:55pm and with a fast start they were off. Year 7 student Jessica Lemon was the early leader throughout the first part of the race but a fast finish by Abby Higgins in Year 9 was the decider. Year 8 Lily MacKay placed 3rd to round out the top 3. In the male's race Year 10 Hamish Hunter led from start to finish with Year 10 Jesse Absolom placing just ahead of Year 9 Mitchell O'Brien. All students who placed in the top 200 received paddle pops for their efforts. The overall House winner will be announced at our Week 7 school assembly. Students who placed in the top 10 for their age groups have now qualified to represent Melrose at the Southside Regional Cross Country on Tuesday 28 May at Stromlo Forest Park.

### Overall results

#### Females

1. Abby Higgins
2. Jessica Lemon
3. Lily MacKay

#### Male

1. Hamish Hunter
2. Jesse Absolom
3. Mitchell O'Brien

## SCHOOL SPORT - OZTAG

### 7/8 Girls

All ladies played amazingly and upheld the values of Melrose High on the day. They defeated Stromlo, Alfred Deakin, Caroline Chisholm and St Clare's College 2 in the general round robin and went onto the semi-finals undefeated. They ended up conceding to Mackillop in the grand final of the day seeing them place second overall in the competition.



Team Awesome:

Samantha Read, Hayley Otten, Tanatswa Kanengoni, Isabel Aparicio, Abby Thompson, Sarah Matthews, Jaimie Fairhall & Ashley Weller.

### 9/10 Girls

Lucky for us most of our 9/10 team play OZTAG outside of school and we are lucky to even have some of the ACT cougars on our school team making our senior ladies a force to be reckoned with! We faced off against Stromlo, Alfred Deakin and Caroline Chisolm all of which we remained undefeated. In the



semi-finals met Chisholm again and won our semis match! Our Grand final of the day was St Clare's College and with no subs our ladies had already played a massive 6 games and we fell to Clare's in the finals 6-2. We ended up placing second and will go on to defend our title at the Battle of the North vs South in August.

Our Super-Star Team:

Ebony Parker, Kodie Bryant, Lara Cosgrove, Kowhai Peri, Jordyn Clarke, Carlyann Heyman, Kidist Barlow, Caitlin Elford & Jenny Hill.

### 7/8 Boys

The Year 7/8 boys Oz Tag team were pooled against Mackillop 2, Stromlo and Alfred Deakin. Due to a late change in the draw we had to play Mackillop 2 and Stromlo twice. The boys were exceptional in both their behaviour and performance on the field. The team finished the tournament undefeated with only 4 tries scored against them the whole day. We played Mackillop 1 in the Grand Final and defeated them 5-1. I couldn't pick a standout as they all played brilliantly and in the spirit of the game. ACT finals day next!

# PROTECT YOURSELF AND YOUR FAMILY FROM THE FLU

Getting vaccinated is the best way to prevent your family getting the flu this winter. The flu vaccine can save a child's life.

The vaccine is safe, and everyone 6 months of age and over, including pregnant women and young children, should get the vaccination. Children are more likely to contract the flu, spread it around, and are at a higher risk of serious complications if they get sick. The flu is highly contagious and is spread easily through childcare centres and schools. The flu vaccine is free in the ACT for:

- children aged 6 months to under 5 years
- pregnant women
- people 65 years of age and older
- all Aboriginal and Torres Strait Islander people aged 6 months and older, and
- people aged 6 months and older with some medical conditions such as severe asthma, heart or lung disease, diabetes or weakened immune systems.

Where to get your flu vaccination

Everyone can get a flu vaccine from their GP or immunisation provider.

People over 16 years of age can also get a vaccine at some pharmacies.

ACT Government Early Childhood Immunisation Clinics provide a free flu vaccination for children aged 6 months to under 5 years. To book an appointment, call Community Health Intake on 02 5124 9977.

Learn more about influenza and where to get your vaccination at [health.act.gov.au/flu](http://health.act.gov.au/flu)



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## HAVE YOUR SAY IN SHAPING NATIONAL DISABILITY POLICY FOR 2020 AND BEYOND

The Australian community is invited to take part in the national consultation to shape disability policy for 2020 and beyond. A new framework is being developed to replace the existing National Disability Strategy 2010-2020.

Visit <https://engage.dss.gov.au/a-new-national-disability-strategy-for-beyond-2020/> for more information, to participate in an online forum and to complete a survey (surveys close 10 June 2019 and are available in Easy Read, printable and online formats)