



ACT
Government
Education

Melrose High School Message Stick



Date: 18 March 2022

http://www.melrosehs.act.edu.au/our_community/calendar

Important dates

21 Mar: White Card training
22 Mar: Asbestos Awareness training
24 Mar: Naplan Practice Test

16 - 31 March: Big Picture Exhibitions
5 April: Parent Teacher Night - online

NAPLAN 2022

All Year 7 and 9 students will be sitting NAPLAN tests this year online.

This includes a practice test this term and four NAPLAN tests next term.

Shortly, we will be sending out letters to identified families regarding reasonable adjustments and exemptions according to the NCCD and EAL/D guidelines.

Please email Mary De Poorter if you would like to withdraw your child from

NAPLAN testing or if you would like to discuss your child's eligibility for reasonable adjustments and/or exemption.



The dates are as follows:

Thursday 24 March Practice Test

Tuesday 10 May Reading Test

Wednesday 11 May Writing Test

Thursday 12 May Conventions of Language Test

Friday 13 May Numeracy Test

Monday 17 – Friday 20 May Catch-Up Tests

Further Information:

If you would like further information or have any questions regarding NAPLAN please email Mary De Poorter at mary.depoorter@ed.act.edu.au

Menslink

For 20 years, Menslink have provided free counselling to young guys throughout the Canberra region.



If your young guy is having a hard time and could really use someone to talk to, get in touch - our wait times are currently low so we're ready to help when your young guy needs it. We provide a welcoming and supportive environment for young guys to share their concerns and worries and we provide tips and strategies to get them through those tough times that many of them are facing right now.

Menslink Counselling sessions are completely confidential and are available to any young guy aged 10-25. There are no fees or charges or limits to the number of sessions. You don't need a mental health plan and we are available during school terms and school holidays.

Do you think your young guy would really benefit from a counselling session? If so, have a chat with them and head to www.menslink.org.au, hit the 'Get Help' button, fill in the form and we'll get back to you, generally the same or next business day.

If you need more info on how to have that chat with them, just email admin@menslink.org.au or call 6287 2226 and we will send you some information.

CANTEEN

The Melrose Canteen will continue to open for business with the covid restricted operation hours of Wednesday to Friday, lunch orders only, no service at recess. Please order using Flexischools.

Register at www.flexischools.com.au .

Melrose High School Canteen - 6142 0728

COVID-19 vaccination social scripts: a resource for families who have children with autism

Amaze and the National Disability Services have developed social scripts that outline the process of getting a COVID-19 vaccination. These social scripts provide autistic people with an opportunity to prepare themselves for their vaccination and reduce anxiety. Social scripts are stories and images that explain new experiences and social environments.

While the social scripts have been developed for autistic people, anyone who is feeling anxious about the process of getting a COVID-19 vaccination can use and benefit from the resources. For more information and to download the scripts, go to [COVID-19 vaccination social scripts - Amaze - Autism resource](#).

Help shape the future of inclusive education in ACT Public Schools

The inclusive education survey on disability and education in ACT Public Schools has re-opened. Discussion groups are also being held over the coming month.

Students with disability (both current and former), carers, families, advocates, school staff and the broader community are invited to join the 'Community Conversation' and help shape how we strengthen inclusive education in ACT Public Schools.

If you haven't already done so, visit 'A Community Conversation' to complete the survey and/ or join a discussion group.

For more information about the survey and this work visit the Education Directorate website: <https://www.education.act.gov.au/support-for-our-students/students-with-disability/strengthening-inclusive-education>

Year 10 Safe Plates (Road Ready)

Melrose High School will once again offer the ACT Safe Plates (previously Road Ready) program to our Year 10 students this year. This program aims to help prepare students to become safer and more responsible drivers, and to make substantial reductions in road crashes involving young people. The successful completion of this program, as well as passing an online road rules test, are both required before students can apply for an ACT learner licence. There is no charge for students to attend the Safe Plates program at school.

There will be two sessions:

Week 10, Term 2: Tuesday 28 June 2022 to Thursday 30 June 2022

Week 7, Term 4: Tuesday 22 November 2022 to Thursday 24 November 2022.

The course spaces will be allocated to students according to date of birth.

Detailed information along with a permission note will be provided at the start of Term 2.

For all Safe Plates questions please don't hesitate to contact me at mary.depoorter@ed.act.edu.au

Mary De Poorter

STUDENT ENGAGEMENT

MVPs and Right Place, Right Time

Nathan Hitchcock

The Scoop – MVP Levels Bronze and Silver Levels

The Student Engagement Team, Year Coordinators and Staff are very data driven. We frequently issue MVPs (Melrose Values Points) for the many positive incidents occurring across our Campus.

On Tuesday 15 March 2022, we gathered as a team to write out the Bronze, Silver and Gold Certificates for all year levels! We were excited to see the many reasons for the positive behaviour and to share in the success of each individual student, being a Safe | Respectful | Learner. The Bronze, Silver and Gold Certificates are achieved when students reach 25 MVPs for each level. They are then issued with a Certificate and therefore know their particular level of achievement.

Please ask your child about their medallion level and see if they have a certificate to share with you. We have written out approximately 100 certificates, very exciting!



The MVP (Melrose Value Points) Levels.



Mr Pike writing a Bronze Certificate for a student at Melrose High School.



Year Coordinators and Student Engagement Staff writing out Bronze and Silver Level Certificates for the students at Melrose High School!

Right Place, Right Time

The focus for all year levels for the remainder of Term 1, 2022.

Nathan Hitchcock, Garry Douglas, Trudy Yeates

The Student Engagement Team would like to share that there will be a new focus for the remainder of Term 1, 2022. This focus is taken from our agreed Positive Behaviours for Learning Matrix and is “right place, right time.” Please have a discussion with your child about what being in the right place, right time means to them.

We are focusing on this so we encourage students to be on time, prompt and ready to learn.

There have been many conversations with the students at Melrose High School about what being in the right place, right time looks like and means and how we can manage the success.

We have discussed with students the following key points and measures of success:

Right Place:

- Being in your class
- Being with the correct year group/cohort
- Being in shared spaces with permission
- Using the out of class pass
- Using the movement break card

Right Time:

- Being on time to class
- Transitioning from class to class in a timely manner
- Having respect for time
- Being ready to learn, with optimal time
- Being in shared spaces for limited time

Furthermore to this, we have been attentive and listening to students regarding their engagement. We know that some students want to learn about their interests and that sometimes they may struggle in and out of class to engage. For this reason we have some terrific programs running out of Students Engagement with more to come. On offer at present are the following opportunities:

- Breakfast Club
- Homework Club
- Character, Connection and Community Program
- Messenger's Program
- Language and Culture Class



Music by the Ponds

You are invited to relax to music and enjoy art activities at our second Music by the Ponds event. Following the consultation we did last year, about improving the amenity of the area, we hope to unveil some new picnic tables in our great public space –very exciting!

The Friends of Mawson Ponds have been doing a great job planting the wildlife corridor along the fence line and they will be planting more on the day, so bring your gloves and join them. We will have nature walks around the ponds to learn about the local natives we are trying to encourage.

Everyone is welcome to come along and enjoy:

- planting trees and nature walks
- musicians and choirs
- arts and children's activities
- a free bbq
- meeting your neighbours

You might like to bring a chair to relax to the music.

Mawson Ponds is on the shared path between Southlands and Hindmarsh Drive at the bottom of Du Faur Street.

For people taking a car, the closest parking is at the Southlands Park n Ride.



Matildas vs New Zealand match

Australian Women's football team the Commonwealth Bank Matildas will play New Zealand at Canberra's GIO Stadium on 12 April 2022.

The Matildas are a huge inspiration for our aspiring young female athletes in Canberra. \$1 (plus GST) from every ticket will be donated to the women's CP national football program for female footballers with cerebral palsy, acquired brain injury or symptoms from stroke. Ticketing information is available from the official Commonwealth Bank Matildas website. The match will also be broadcast live and free on 10 Bold and simulcast on 10 Play and Paramount+.

School Board

Did you know you have a voice on the School Board? As the parents and carers of Melrose High School students, you are represented on the Board by three members:

- Richard Perry (Board Chair)
- Stuart McKellar
- Amanda Walsh.

Do you have feedback, suggestions or questions about the school? Things like:

- How well is the school meeting your child's needs?
- What does Melrose High School do really well, and what could it do better?
- How involved are you in your child's learning?
- How could our community provide greater support to our school?

Your Board reps would love to hear from you. Contact them at: Melrose.Board@ed.act.edu.au



High School

- Canberra HS & College 7s - Boys** [Yellow square]
Southwell Park - Lyneham - Friday 20th May
- South Coast High School 7s - Boys** [Yellow square]
Captain Oldrey Park - Broulee - Wed. 8th June
- South West Slopes High School 7s - Boys** [Dark blue square]
Conolly Rugby Park - Wagga - Tue. 14th June
- MIA High School 7s** [Yellow square]
No 1 Oval - Leeton - Wed 15th June
- South West Slopes High School 7s - Girls** [Dark blue square]
Conolly Rugby Park - Wagga - Thurs 16th June
- Canberra HS & College 7s - Girls** [Dark blue square]
Southwell Park - Lyneham - Friday 17th June
- South Coast High School 7s - Girls** [Dark blue square]
Captain Oldrey Park - Broulee - Friday 1st July
- Brumbies High School & College 7s Championships - Boys** [Yellow square]
Southwell Park - Lyneham - Wed. 3rd August
- Brumbies High School & College 7s Championships - Girls** [Yellow square]
Southwell Park - Lyneham - Wed. 10th August
- Brumbies High School & College 10s - Boys** [Dark blue square]
Southwell Park - Lyneham - Wed. 21st September
- Brumbies High School & College 10s - Girls** [Yellow square]
Southwell Park - Lyneham - Fri. 23rd September

Primary School

- Griffith Primary School 10s** [Black square]
Jubilee Park - Griffith - Tuesday 29th March
- Albury Primary School 10s** [Yellow square]
Murrayfield Oval - Albury - Wed. 30th March
- Southwest Slopes Primary Schools 10s** [Black square]
Cranfield Oval - Young - Thursday 31st March
- Tumut Primary School 10s** [Yellow square]
Bull Paddock - Tumut - Friday 1st April
- Temora Primary School 10s** [Black square]
Recreation Oval - Temora - Friday 8th April
- Wagga Primary School 10s Championships** [Yellow square]
Conolly Rugby Park - Wagga - Friday 6th May
- Snowys Primary School 10s** [Black square]
Rotary Oval - Cooma - Monday 23rd May
- Matt Giteau Cup - North** [Yellow square]
Southwell Park - Lyneham - 24th May
- South Coast Primary School 10s** [Black square]
MacKay Park - Batemans Bay - Wed. 25th May
- Matt Giteau Cup - South** [Yellow square]
Campese Oval - QBN - 26th May
- Monaro Primary School 10s** [Black square]
Simon Poidevin Oval - Goulburn - Friday 27th May
- Brumbies PS 10s Championships** [Yellow square]
Brumbies HQ - 10th June
- Albury Touch 7s Gala Day** [Black square]
Albury - Thursday 27th October
- Cootamundra Touch 7s Gala Day** [Yellow square]
Cootamundra - Friday 28th October
- South Coast Primary School Touch 7s** [Black square]
MacKay Park - Batemans Bay - Fri. 11th November
- Monaro Primary School Touch 7s** [Yellow square]
Carr Confoy Park - Goulburn - Thurs. 10th November