



ACT
Government
Education

Melrose High School Newsletter



"A community of learners building on a tradition of excellence"

Issue 2: 28 February 2020

PRINCIPAL'S REPORT

It is our great pleasure to welcome and welcome back our families to the 2020 school year. Our students got off to a big start through orientation week activities and testing and results from this will help all our teachers personalise and support the learning of our students. We would like to particularly thank Ryan Kay, Shannon Carnovale, Ruth Mahon and Peter Freeman for the many hours of work setting up and getting through the teething troubles and our amazing school support staff for getting us up and running in 2020.

All families can expect routine messages from teachers around the achievement and strengths of their children now the classes are finalised. If you would like to email your child(ren) teacher directly please use the following:

Classroom teachers: firstname.lastname@ed.act.edu.au.

Executive Teachers:

Rebecca.Hanrahan@ed.act.edu.au – Arts & Technology Executive Teacher

Rachel.Kane@ed.act.edu.au – HaSS Executive teacher

Mary.DePoorter@ed.act.edu.au – English & Language Executive Teacher

Sonja.Marmont@ed.act.edu.au - Health & Physical Education Teacher

Eleanor.McMillan@ed.act.edu.au – Learning Support Executive Teacher

Lisa.Green@ed.act.edu.au – Maths Executive Teacher

PeterS.Freeman@ed.act.edu.au – Science Executive Teacher

Anna.Russell@ed.act.edu.au – Flexible Learning Executive Teacher

Lucy.Sedlacek@ed.act.edu.au – Student Engagement Executive Teacher.

Year 7 and new families will have received their Chromebooks by now and it is with massive thanks to Lisa Green, Aine McAuley and Daniel Vigliotta that this went as smoothly as it did. It has been very pleasing to be in the classrooms with the students all engaging in e-learning. To stay in touch with the on-line environment we encourage all families to ensure that their email address is up to date and correct and to keep an eye out for emails from the school as well as our social media feeds and website.

Melrose High School has once again been a popular choice for families to enrol their students which has seen a big increase in enrolment numbers. This has necessitated some timetabling adjustments for students in particular and we would like to thank everyone for their patience whilst we sort out classes. We have also offered a range of choices and pathways for families which are full and already producing excellent outcomes for the students in them. As we settle into assessment periods, please remember to be proactive with your child around their learning. Questions like: "what was something you really enjoyed learning today?" go a long way. Be persistent.

We commenced the year with a number of new staff:

Georgette Green – Drama Teacher

Mary De Poorter – English Executive Teacher

Ryan Hallett – HASS Teacher

Hunter Walters – English Teacher

Jessica McPherson – English Teacher
Kieran Angel – Japanese & PE Teacher
Lisa Green – Maths Executive Teacher
Andrew Trost – Maths Teacher

Christine Eldridge-Smith - Maths Teacher
Matthew Croker - Maths & PE Teacher
Nicolle Jones – Science & Technology Teacher
Matt Madsen – Big Picture Teacher

Congratulations

We congratulate Aine McAuley and Nathan Hitchcock on the birth of their respective children and wish them well on their parenting leave.

Finally, Shannon Carnovale has been nominated in the Public Sector and Academia category of the 2020 Telstra Business Women's Awards. Shannon is dedicated to working directly with students and their families to ensure their education journeys are enriched, fulfilled and celebrated.

“Being an educator is a privilege and working in schools is not about me, it's about the young people we work with and their families. I'm lucky to have such a rewarding job and it's my responsibility to be a role model,” Shannon said.

Join me in wishing Shannon good luck at the awards ceremony on 10 March.



Simon Vaughan
Principal
simon.vaughan@ed.act.edu.au



Shannon Carnovale
Deputy Principal
shannon.carnovale@ed.act.edu.au



Ryan Kay
Deputy Principal
ryan.kay@ed.act.edu.au

UPCOMING EVENTS

March:

2-4: Year 7 Camp/Year 7 Alt Program
4: Aboriginal & Torres Strait Islander families afternoon tea
9: Public Holiday - Canberra Day
11: War Horse Sydney Excursion
23-3 April: Big Picture Exhibitions
24: White card training
25: Asbestos Awareness training
25: Royal Military College Band workshop

April:

1: Steve Biddulph - Raising Boys presentation
1: Progress reports emailed
2: Year 7 immunisations (round 1)
7: Parent Teacher interviews
9: Last day of Term 1

PARENT TEACHER INTERVIEWS

Parent Teacher Interviews will be held on Tuesday 7 April from 3:45 to 7:00 pm. We use a booking system called Parent Teacher Online (PTO) to facilitate the bookings. This requires us to upload student names, class details and parent name data to PTO. If you would like to opt out of using PTO please email ruth.mahon@ed.act.edu.au by 20 March 2020 and we will not include you in the data upload; you will then need to make manual appointments to speak to the teachers.

FOR YOUR INFORMATION

Calendar Updates

The most recent version of the Melrose Calendar can be found on the Website

http://www.melrosehs.act.edu.au/our_community/calendar

Contact details

The school relies on having the most up to date contact details for families to ensure we are able to communicate efficiently with you regarding the wellbeing of your child. If you have made any changes to your address, phone numbers and email address in recent months please contact the Front Office on 6142 0700 or email frontoffice@melrosehs.act.edu.au

Sick Bay

If students are unwell they must go to Sick Bay, with a note from their teacher. The Front Office staff will contact parents/carers if needed. The students are NOT to contact parents themselves and then go home. If your child contacts you asking if they can go home sick, ask them to get a note from their teacher to go to Sick Bay and the Front Office staff will then contact you. Thank you in advance for your support.

Student absences

If your student is absent, due to illness or leave, or needs to attend an appointment during the day, please either phone the Rolls Office on 6142 0703 and leave a message or email the Rolls Office at rollsoffice@melrosehs.act.edu.au. Please remember to include the student's full name, roll group and reason for absence (ie. sick, late or on leave) as well as your contact details.

Online Canteen ordering

Register now. Go to <http://www.flexischools.com.au>

Lunches can be ordered online up to 9:30 am on the day they are required.

Lockers

Lockers are available to students at a cost of \$30 per year. Students wanting to hire a locker will need to provide a lock with a shaft between 6-8mm. Key or combination locks are acceptable. Students need to bring their lock, payment and the spare key or the combination to the Finance Office before a locker will be allocated. Students can come to the Finance Office before school, at recess or the first half of lunch time.

FINANCE

In an attempt to ensure security around payment of monies to the school for camps, excursions, programs and voluntary contributions, we would like to encourage payments to be made via Quickweb, the secure online payment portal.

Below is an explanation of the payment options available.

1. Online payments are the preferred method of payment. Payments are made via the School Website to a secure Westpac Bank site, called "Quickweb" <http://www.melrosehs.act.edu.au/payment>
2. Instructions can be found on the Payments TAB simply complete the fields with as much detail as possible, including the Fee Code which will be advised on the notes requesting payments.
3. All payments can be made using Quickweb, using a debit or credit card. Westpac will provide you with a receipt which you can email to melrose.finance@ed.act.edu.au
4. Payments can still be made in person at the Front Office with cash, cheque, EFTPOS, or a deposit direct into the Melrose High School Bank account BSB 032777, Account - 001658. If paying by direct deposit an email to the school financial section would be appreciated at melrose.finance@ed.act.edu.au

For all payments, please ensure you include:

- Student Key ; Family Key ; Fee Code

For any enquiries regarding payments please contact the Finance Officer on 6142 0704.

BARONG PERFORMANCE



In celebration of the National Multicultural Festival, we were very fortunate to have the Indonesian Embassy bring a Balinese “Barong” performance to us here at school last Friday. KITA Arts Community were here in Canberra especially for the festival, but also visited a few schools as part of their tour. Students from several different classes gathered in the hall to see the performance. Many students got so wrapped up in the storytelling, that they jumped when some of the characters approached them.



Students were in awe of the magnificent Barong costume. The Barong is one of the “good” characters in Balinese storytelling/dances and is a cross between a lion and a tiger. Some of our Year 9 girls were lucky enough to try on the Barong costume after the performance and did a very good job of coordinating themselves to bring the Barong to life.

We are very grateful to the Indonesian Embassy for all the amazing opportunities that they bring to our students here at Melrose. A special thank you also goes out to Mr Sciberras, who provided the wonderful sound and lighting effects for the performance.



Ibu Battaglini - Indonesian Teacher

ENGLISH NEWS

Here's what's happening in the English classrooms:

Year 7 students are studying Life Stories and Text types and will complete a moderation in Week 9. Pre-service teachers will be coming in to run a range of fun activities with Year 7 students with a focus on building writing skills.

Year 8 are studying a variety of units this semester, including Screen entertainment, novel studies and an introduction to Shakespeare. Year 8 are continuing to develop their writing, speaking and analytical skills throughout a range of assessment types.

Year 9 students are currently studying Text Types and Truth in Media. This unit encourages critical thinking and analysis of media, with a focus on persuasive writing. Year 9 will all sit a moderation task in Week 9 of this term. More details to come!

Year 10 students are hard at work for their final year of high school English. Students this semester will complete a thematic study as well as a unit on Digital Footprints. These skills will help in the transition to college.

The English faculty is excited to be hosting a Bell Shakespeare Incursion here at school on Friday 8 May (Term Two).

Students in years 8, 9, 10 will have the opportunity to participate in an interactive performance of *Such Sweet Sorrow*:

Love, hate, laughs, revenge, brawls, swords, marriage, life and death – it's fair to say that Romeo and Juliet has it all. Join the Players as we follow Shakespeare's rebellious teens from youthful innocence to tragic conclusion. Featuring analysis of language techniques, character motivation and narrative devices, *Such Sweet Sorrow* is an interactive experience that will keep students on the edge of their seats, from first sight to final breath.

Be on the lookout for more information and permission notes later this term!

Mary De Poorter - English SLC

SCHOOL SPORT AND PE EXCURSIONS

School sport

School sport is something that our school supports. However, it is something that we need to plan and have approved in order to ensure that our students are safe and well supervised.

Please go to the website for the School Sport calendar and information for parents.

<https://schoosportact.org.au/>

When we organise a sporting team to go to a gala day or event, we need to have notes and payment returned the week prior to the event. This is to ensure that we have supervision ratios, rolls and our approval paperwork complete.

The Sports for Term One are below

Week 7 (19 March) - Secondary Basketball-Girls

Week 8 (26 March) - Secondary Basketball- Boys

Week 9 (1 April) - Secondary Touch- Girls and Boys

Week 10 (8 April) - Combined Swimming- AIS

Sign up sheets are on the PE Notice Board. Once we have students sign up, the coach will organise trials and select the team. At this point notes will be distributed.

Please hand notes in and pay promptly, as we will withdraw teams if we do not have all of the payments and documentation the week prior.

PE Notes

It is essential when we are organising events to adhere to the due dates. We had students arrive at the Swimming Carnival with notes. This is not acceptable as we need to enter all of our students into our school system so that they are not marked as absent.

We had over 150 students' hand in their notes after the cut off, and over 50 on the day of the carnival.

Please support us by doing this in a timely manner.

Swimming Carnival

On Tuesday, 25 February we bussed 390 students and over 50 staff to Queanbeyan pool for our Swimming Carnival. It was a fantastic day with some excellent participation in all events.

It was fantastic to see all students showing their house pride by wearing their house colours and cheering on their house. Novelty events, and relay races were fantastic to watch as so many staff and students were involved.

Thanks to everyone that came to support the event and to the parents that had their notes back in time.

The Melrose staff were amazing- Thank you



MELROSE HIGH SCHOOL CONCERT BAND

The Melrose High School concert band has begun rehearsals for 2020, and kicks off the year with a record number of over 60 members! We already have a number of events on our calendar, including a workshop with the Royal Military College Band in week 8 this term, and our annual music camp in week 2, National Eisteddfod in week 4 and Entertainment Night in week 9 of next term. We are looking forward to a great year of music making.



FROM THE ARTS/TECH TEAM



The Arts/ Tech faculty has had a busy and exciting start to the year. We have welcomed a new Drama teacher into the team, Ms Georgette Green. Her students have already had the opportunity to explore Improvisation, comedy, mime as well as revamping the costume/props room.

Photography students have had fun learning about aperture and shutter speed, producing some really great work.

Metal Design students have an expanding program and are about to begin their major works.

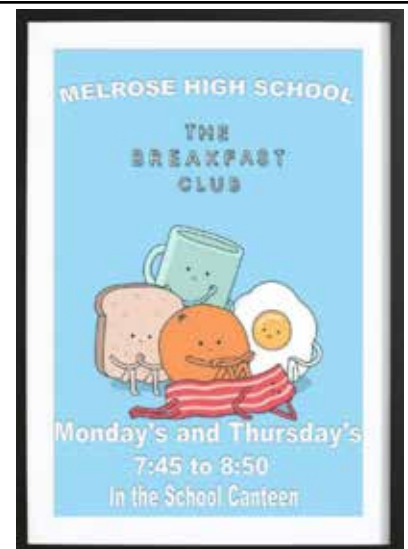
Year 9, 10 & ACE Dance students are getting ready to start creating some amazing work for the semester. They are looking forward to performing at Entertainment Night in Term 2!



Melrose Toolbox

Do you need help with your homework and assignments?
The Melrose Toolbox is here to help!

<https://sites.google.com/schoolsnet.act.edu.au/mlrhstyleguide>



BIG PICTURE ACADEMY

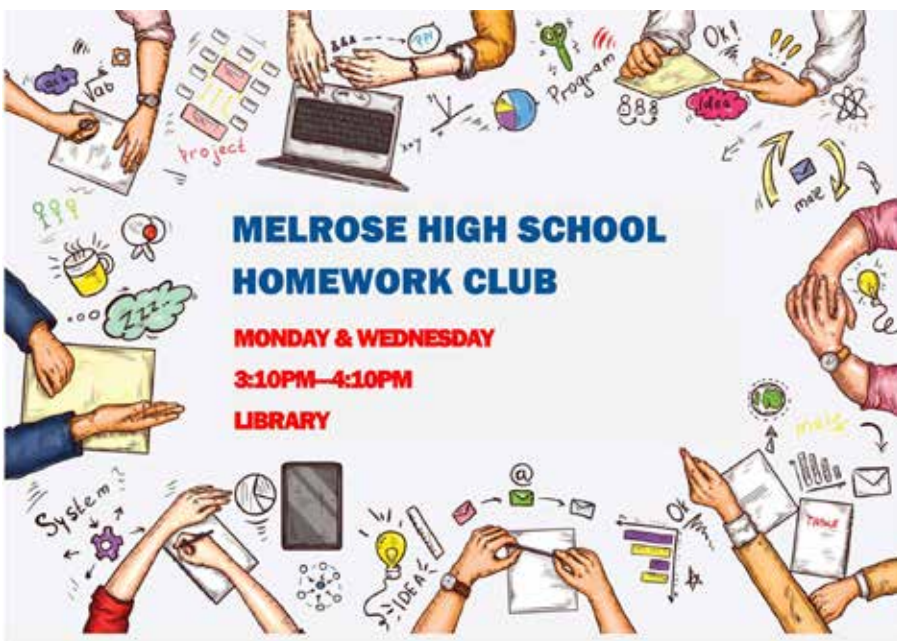


The Melrose High School Big Picture Academy has begun 2020 with a buzz. Advisories have been settling into routines both new and old. The Year 8 advisory is settling beautifully into our newest space and are very grateful for the contributions of our school leadership for the resources they have given us. The Year 9 and 10 advisories have also settled into the new year, throwing themselves into their projects for term one with gusto. This week, we began the process of Academy Town Hall events. We use this time to get together and learn more about the experiences and perspectives of those around us. Our focus this week, was looking at social media and the impact unkind behaviour online can have. We spoke honestly and bravely about our experiences and are focussing on acting with kindness to build trust, act with care and demonstrate respect.

Students have been taking advantage of lots of the opportunities that arise; we have students participating in courses outside of MHS and were even able to attend a presentation from renowned artist Patricia Piccinini. Our students were able to hear about how she creates her hyper-real works and the thinking that goes on behind their creation. It was such a privilege to be able to attend and those who got to go thoroughly enjoyed their experience. Jacqueline Ingram was even lucky enough to have a photo taken with Patricia as a keepsake from the event.

On Wednesday evening, 26 February, we held our welcome barbecue for all families to get to know each other. We would like to thank all those who were able to join and share with us. It is these events that we look forward to the most and really enjoy getting to know everyone who is a part of our Big Picture family for 2020.

To ensure we are all organised early, we would like to inform families of the dates for our exhibitions this term. We appreciate the time of those who are able to attend this integral and powerful part of Big Picture. We are running our Term 1 exhibitions in weeks 8 and 9, from Monday 23 March until Friday 3 April. We will send out booking forms and invitations soon so we can have confirmed times to ensure all family members are able to attend.



The Australian Securities and Investment Commission (ASIC) has information available on its website to support bushfire affected communities and the general public through the MoneySmart financial literacy program.

The information available on the website will continue to be updated and expanded over the remainder of the bushfire season and beyond. More content relating to insurance, scams, and tips for small business owners is in the process of development.

<https://www.moneysmart.gov.au/>

CHROMEBOOKS

Please make sure students are bringing Chromebooks to school CHARGED and ready to go each day. If there is a problem with the Chromebooks to email me at lisa.green@ed.act.edu.au

Lisa Green - SLC Maths & Digital Pedagogies

RAISING BOYS AND GIRLS TALKS



Some details about Steve and his Raising Boys and Girls Talks:

About Steve - Steve Biddulph is one of the world's best known parent educators. A psychologist for 30 years, he is now retired but continues to write and teach. His books, including *The Secret of Happy Children*, *Raising Boys*, *The New Manhood* and now *10 Things Girls Need Most* are in four million homes and 31 languages. They have influenced the way we look at childhood and especially the development of boys and men. Today though, the exploitation and misuse of girls and young women globally are a major focus. Steve's live talks have had a remarkable public response, reaching 130,000 people. Many people

express surprise at how moving and emotional these talks are, as well as how much fun.

https://www.stevebiddulph.com/Site_1/Steves_story.html

Raising Boys with Steve Biddulph - Come and hear Steve's world famous talk, covering boys of all ages. How to raise sons who are kind, confident, and safe. Boys and school. The importance of dads. What single mums can do. Testosterone. The 3 Stages of boyhood and how to have them go smoothly. Boys and housework. This life-changing seminar is unforgettably moving and funny too.

PLEASE NOTE, BABIES including newborns, CHILDREN AND TEENS CANNOT BE ADMITTED TO THE SEMINAR.

Raising Girls with Steve Biddulph - Covering girls of all ages, this practical, helpful and moving talk by Steve Biddulph will galvanize you to better strengthen your daughter, and help her grow up confident, happy, and free. Steve is one of the world's best known speakers on parenthood, funny, honest, and deeply affecting, and his stories will stay with you forever.

PLEASE NOTE, BABIES including newborns, CHILDREN AND TEENS CANNOT BE ADMITTED TO THE SEMINAR.

Tickets are available NOW for both Raising Boys and Raising Girls! Please see more information and ticketing links below:

- On 1 April, 2020 we have Steve Biddulph presenting his Raising Boys Talk at Melrose HS, 7:30pm. Tickets available via this link: <https://www.trybooking.com/book/event?eid=580786&>
- On 2 April 2020 we have Steve Biddulph presenting his Raising Girls Talk at Stromlo HS, 7:30pm. Tickets available via this link: <https://www.trybooking.com/book/event?eid=581760&>

Are you a member of the Canberra Southern Cross Club? If so, you can now support Melrose High School every time you visit the club through their Community Rewards Program. Simply visit the Southern Cross Club website (link below), fill in your name and membership number, and then 7.5% of everything you spend on food and drinks at any of their clubs will be donated to the school. Please share this link with your family and friends.

<https://cscmarketing.wufoo.com/forms/zjfux530c342by/>



Children's Asthma Education Service

Helping children with asthma breathe easier

The Children's Asthma Education Service provides children, young people and their families with support to manage their asthma.

health.act.gov.au/asthma
Ph: Central Health Intake 5124 9977

health.act.gov.au

Children's Asthma Education Service

The recent bush fire smoke that has affected us here in Canberra has highlighted the importance of good asthma management. We are writing to you to let you know about the free Canberra Health Services Children's Asthma Education Service that is available to your students who have asthma. Attached is our service poster for inclusion in your school newsletter.

Asthma education for children and adolescents improves their ability to be fully engaged with activities and reduces absenteeism from school. Students with asthma have been found to be generally less active than their non-asthmatic peers and have an increase in school absenteeism.

Registered Nurse Asthma Educators provide children, young people and their families with support to manage their asthma. The service is available to all children in the ACT and surrounds up to the age of 18.

This includes:

- Advice on asthma, asthma first aid, how asthma medications work, and when to use them.

- Helping families manage wheezing in the first years of life.
- Symptom recognition for primary school aged children, aiming to support increasing independence.
- Support for teenagers to self-manage their condition and device options.

If you feel any students/families would benefit from receiving asthma education, please advise them to call the Community Health Intake line on 5124 9977 to make an appointment.

If you would like any further information about our service, please visit: <https://www.health.act.gov.au/services-and-programs/women-youth-and-children/children-and-youth/childrens-asthma-education>

Children's Asthma Education Service, Women Youth, and Children Community Health Program
Canberra Health Services
AsthmaNurse@act.gov.au



#comeoutandplay



COME AND PLAY AFL

2020 JUNIOR FOOTBALL REGISTRATION NOW OPEN

Register at www.eastlakedemons.com.au

Further information | juniors@eastlakefc.com.au | 6228 0999



NEED HELP TACKLING TODAY'S TEENS? Parentline ACT assist and supports parents with ideas about raising their family.



FREE CONFIDENTIAL COUNSELLING SERVICE

6287 3833 9AM-5PM



Free Simulator Test Flights for Women International Women's Day

Thinking of a career in Aviation?

Sunday 8 March 10am-3pm 4 Montford Cr Lyneham (North Lyneham Whopel)



- Free test flights for women and girls in the B737 simulator
- Free entry into the draw for an ICAROS Cloud Catcher flight (worth \$165)
- Free activities for kids
- Talk to Air Force Personnel
- Want a Defence Force career?
- Talk to qualified pilots
- Want to learn to fly?
- Check your aviation aptitude or just have fun!

Hosted by

JET FLIGHT SIMULATOR CANBERRA

4 Montford Cr, Lyneham ACT jetflightssimulatorcanberra.com.au 0438 834 026



See jetflightssimulatorcanberra.com.au for more details Let us know you're coming at tiny.cc/iwd2020



Could \$500 help you with school costs?

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.

- laptops & tablets
- lessons & activities
- uniforms & shoes
- books & supplies
- sports fees & gear
- camps & excursions

To join Saver Plus, you must be at least 18 years or over, have a child at school or starting next year, or attend vocational education yourself, have regular income from paid employment (you or your partner), have a current Health Care or Pensioner Concession Card and be in receipt of an eligible Commonwealth social security benefit, allowance or payment*



*many Centrelink payments are eligible, please contact your local Coordinator for more information. Saver Plus is an initiative of the Brothers of St Lawrence and ANZ, delivered in partnership with Barry Street, The Benevolent Society and The Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to www.dss.gov.au for more information.

Contact your local Saver Plus Coordinator

Phone 1300 610 355

Email CanberraSP@thesmithfamily.com.au

Online saverplus.org.au

Find us on Facebook

